**MARCH 2017**

**LOYAL – Our National Treasures**

**Some thoughts on Loyalty from Alice:**

I looked up the definition for LOYAL and it went like this - giving or showing firm and constant support or allegiance to a person or institution:

And I think this month was meant to be about Loyalty to Country – but we could also teach our boys a valuable lesson if we explore how to be Loyal to Friends and Family as well. So here are some things to think about if you want to have Loyal Friends ….

* Be A Good Friend to others – Always be dependable
* Always support your friends, especially behind their backs or when they are the butt of jokes or teasing
* Get to know your friends so you recognize what’s important or sensitive to them
* Be HONEST when they ask what you think – but be kind and start off with a Positive!
* Be HONEST when you tell your friend something about yourself and trust them to be your friend.
* Ask a friend to help YOU!
* Keep the big picture in mind – make sure your loyalty to friends doesn’t keep you from being loyal to your family or your faith. The amount of time we spend with a friend or group shouldn’t keep us from other important loyalties all the time!
* Say you’re sorry – and mean it – if you’ve done something to hurt a friend.
* Never play off one friend against another. Be fair to each of them and to yourself!
* If you have a friend who demands all of your time, or makes it very hard to feel loyal, think honestly about whether you should cool that friendship – A good friend doesn’t expect you to be exclusive all the time. Maybe this person should just be an acquaintance.
* Look for ways to show your friend that you are LOYAL and care about them, and enjoy spending time with them.

As Scouters, we can demonstrate what it is to be Loyal and Fair. We can point out and appreciate when a boy or boys are helpful, trustworthy, kind and loyal. We can use games that encourage boys to work together without bad sportsmanship. We can look for ways to team up boys and help them get to know one another better. We can share with parents the Loyalty we see amongst the boys. Being able to be a good friend is a skill and quality that will serve each boy even when they are no longer in your unit!

**GATHERING ACTIVITIES**

**LOYALTY TO FRIENDS:**

**STAND UP**

Two players sit back to back with legs stretched out in front of them. They must try to stand up without using their arms. The Cub Scouts will see that they can only stand up if they work together.

**LOYALTY TO FAMILY:**

**Make a Model of Family Cooperation & Loyalty**



Gather the materials and have them available as families enter.

Each family gets to choose either smooth rocks or small pieces of driftwood, one for each family member. Then working together, they make a “model” of their family.

Rocks could be gathered on a den, family or pack hike - But even if you don’t go out and collect the rocks, you could get some smooth river pebbles from a local nursery to do this fun project.Provide a variety of rocks and driftwood, glue and markers for those who want to add features to their “people.” To make this activity easier, you could give each family a shallow Styrofoam meat tray to use as a base.

**Invite families to bring photos, postcards or other momentos from their favorite National Park, museum, seashore –** whatever they think of as a National Treasure.

**LOYALTY TO COUNTRY**

***Note: The following five games could also be used at your Blue & Gold Dinner, with tables competing against each other for first dibs on the food – or compete by den or rank. Alice***

**Which State, Which Motto?** Can you match up these mottos with the state that uses them?

**Motto State**

North to the Future Indiana

Live Free or Die Minnesota

The North Star Arkansas

Gold & Silver California

Eureka Montana

Liberty & Prosperity Kentucky

The People Rule Alaska

United we stand, divided we fall New Jersey

The Crossroads of America West Virginia

Mountaineers are always free Maine

Dirigo (I lead) New Hampshire

[**www.infoplease.com/ipa/A0801718.html**](http://www.infoplease.com/ipa/A0801718.html)has a list of all state mottos – be sure to include your own state in your game!

**Who, What, Where, and When?** Display scenes from around the United States, pictures of famous Americans, or historical objects from American History – each one should be numbered, but not identified. As families arrive, they are given a sheet of paper with the numbers along the left side. They must work together to identify each item by name or location.

**Famous Scenes – A to Z** Give each person, family or den a paper with the letters A to Z along the left side – Winner comes up with the most American scenes, such as: Grand Canyon, Golden Gate Bridge**;** Mount Rushmore, Monticello**;** Statue of Liberty, Smithsonian; Washington Monument; Yukon, Yellowstone National Park

**American Foods Bingo** Go to [www.print-bingo.com](http://www.print-bingo.com) and print out Bingo cards with food categories such as Appetizer, Meat, Seafood, Fruit, Vegetable, Snack, Dessert, Camping, Potato in the squares. Each person or family gets a card and they have to fill in an American food that fits the category in each box. If you want to make it more interesting, start with foods beginning with “A,” then add a food beginning with “B” and finally “C” in each square before they yell “Bingo!”(The winning card will have three foods in each square, one each beginning with A, B, and C)

**Famous American Bingo**

Follow the steps listed above, but either use blank squares that must be filled with famous American President, Sports Figure, Inventor, Founding Father, Astronaut, etc.

**OPENING CEREMONIES**

**How to We Spell LOYAL Opening**

***Five boys will stand at the front of the room – five others could take turns telling what the letter stands for.***

**Narrator:** A Scout is LOYAL – that is an important point of the Scout Law that we want to share with you tonight.

**Scout #1 -** *First Boy comes forward and forms an L by sitting down facing sideways with his arms up in the air above his head and his legs stretched out in front to form the letter L.*

**Narrator –** As a Scout, I will LOOK for ways to serve others and be a good friend.

**Scout # 2 & #3 -** *Form a letter O facing each other kneeling on knees and holding both arms above the head and bending arms to meet and form the O – be sure to do this facing sideways so the audience sees the letter.*

**Narrator:** As a Scout, I will OBSERVE only the best in others, and only share positive comments about others.

**Scout #4 –** *Stands facing audience with legs together and arms outstretched above the head to form the top of the Y.*

**Narrator:** As a Scout, I will treat YOU with respect and be willing to listen to what you say.

**Scout #5 –** *Stands facing the audience, with feet far apart and elbows out, with hands overlapped to form the center line of the A.*

**Narrator:** I will ALWAYS treat others fairly and show good sportsmanship.

**Scout #6 –** *Forms the L as the first scout did.*

**Narrator:** I will LEAD the way in being a good friend and in welcoming others and getting to know them.

And what does this spell?

**ALL BOYS:** LOYAL

**Narrator:** As Scouts, we want to be LOYAL to our friends. We also want to be LOYAL to our Country.

(Continue on into a Flag Ceremony)

**Four Freedoms Opening**

***You will need either prints of the four paintings, or just enlargements from the Bugle. Print the boy’s part in large letters on the back of the picture. If you need more parts, break up the Narrator part. If pack families have actual prints, you could also have them displayed on easels or the wall.***

**Narrator:** In 1941, President Franklin Delano Roosevelt referred to Four Freedoms that every person is entitled to. In 1943, Norman Rockwell made a painting for each freedom as covers for the Saturday Evening Post. Many families put these four images on their walls, and a traveling exhibition of the paintings helped raise over $132 million in War Bonds. These Four Freedoms are essential to our feelings of LOYALTY to our Country.

**Freedom of Religion Cub #1:** The first immigrants to our country came seeking the freedom to worship as they pleased. Being a good citizen means we let everyone worship in their own way.

**Freedom of Speech**

**Cub #2:** In America, we have the right to say what we think, even if others don’t agree with us. In some countries, even today, people can be put in prison or even killed for disagreeing with what the people in power say – so we should always be ready to defend the right to Free Speech.

 **Freedom from Want**

**Cub #3 -** President Roosevelt said that every person had the right to have enough food, clothing and shelter – but even in America, some people don’t have what they need. Some citizens find ways to help others who are less fortunate.

**Freedom from Fear**

**Cub #4 –** In some countries, police can break into your home at any time – but in America, we have made laws to protect people so they can feel secure in their own home.

**Cub #5 –** Each person has the right to these freedoms – but part of being a good citizen is to protect our freedoms.

**Narrator:** Remember to use these four freedoms – each citizen is responsible to know what is going on, to vote for people and laws we support, and to allow everyone the same freedoms we enjoy.

One symbol of these freedoms for Americans is our Flag ***(Continue with Flag Ceremony)***

**ADVANCEMENT**

**CEREMONIES**



**Loyalty to Country – Pieces of the Whole**

Enlarge the Rockwell print above and cut it into as many pieces as needed – one puzzle piece for each boy receiving an award.

(If you have a large group, or if you want to have a different focus for each rank, use a different patriotic Rockwell print for each rank) If you Google Rockwell Scout paintings, you will find lots of choices. You can add a numbered post-it on top of each puzzle piece to make it easy to put together, with a matching numbered post-it on the wall showing where each piece should go.

**Cubmaster:** This month we have been learning about one of the most important values in scouting – Loyalty.. As loyal Americans we need to value our Citizenship – we all have rights and duties, and a responsibility to be an example of Loyalty to Country. Tonight we are honoring scouts who have demonstrated good citizenship as they advanced in rank, earned badges and pins and gave service in their homes and communities.

*Calls up boys one by one or in groups, along with their parents, to receive the award they have earned. Be sure to give some information about what the boy or boys have done, or ask them to tell about it (If you have warned them in advance) For rank advancement, follow the standard of handing the award to the parent present to the boy, and the parent’s pin to the boy to pin on his parent.*

**Cubmaster:** We have seen tonight how the many parts of scouting are represented in the work the boys have accomplished. Just as we look back in history to the Father of our Country, George Washington, for an example of citizenship and service, and to Baden-Powell as an example of Loyal Scouting - we look forward to the Loyal examples of each Cub Scout and Webelos Scout from our Pack – Well done, scouts!

**CLOSING**

**CEREMONIES**

**LOYALTY – A word to live by**

**Narrator:** Loyalty is part of the Scout Law – But it’s not just a word. If we want to be a Loyal Scout, we must DO the actions that show our loyalty to friends, family and country.

1. Do more than belong - Participate
2. Do more than care - Help
3. Do more than believe - Practice
4. Do more than be fair - Be kind
5. Do more than forgive - Forget
6. Do more than dream - Work
7. Do more than teach - Inspire
8. Do more than live - Grow
9. Do more than be friendly - Be a friend
10. Do more than give – Serve
11. Friendship!

**ALL:** A SCOUT IS LOYAL!

**CUBMASTER MINUTE**

 **Baden-Powell on Citizenship**

Robert Baden-Powell knew that “No one can pass through life, any more than he can pass through a bit of country, without leaving tracks behind, and those tracks may often be helpful to those coming after him in finding their way.” Let’s each make sure that OUR tracks lead others in the right pathway – towards being a good citizen!

 **A Picture of Loyal Friends**

An anthropologist proposed a game to children in an African tribe - He put a basket full of fruit near a tree and told the kids that who ever got there first won the sweet fruits.

When he told them to run they all took each others hands and ran together, then sat together enjoying their treats.



When he asked them why they had run like that, as one could have had all the fruits for himself they said:

''Ubuntu, how can one of us be happy if all the other ones are sad?'' 'Ubuntu' in the Xhosa culture means: "I am because we are"

Let us keep this image in our minds as an example of Loyal Friends!

***Hint: When I used this, I enlarged the photo so I could show it to everyone… I also laminated it so I can use it in many ways. Alice***

**STUNTS AND APPLAUSES**

**LOYALTY TO FRIENDS:**

**Are We? Cheer**

At the beginning of the meeting, tell the audience that anytime during the meeting you say, "Who are we?" they are to respond "New Buddies!”

**Buddies Cheer -** Have your neighbor put his left hand out to his side, and you clap it with your right hand; meanwhile you are also holding out your left hand and your other neighbor is clapping with his right hand, etc.

**New Buddy Cheer  -** “Hi, there. Welcome, welcome, WELCOME!”

**Pack Cheer -** The Cubmaster says, Clap your hands (everybody claps two times) “stomp your feet” (everybody stomps two times), then everyone yells together “Pack \_\_\_\_\_ can’t be beat!”

**Musical-** Announce the name of a well known song such as "Yankee Doodle" or "Dixie" and ask everyone to clap to its rhythm. For a different finish, tell everyone to miss the last note. Someone is sure to forget.

 **RUN-ONS**

**Friendship:**

1. What kind of ship never sinks?

**Flowers:**

**Cub #1**: What do flowers call their best friends?

**Cub #2:**  What?

**Cub #1:** Buds.

**Nine Run On:**

 *(Maybe put signs on boys - 1 through 7)*

1. I am one.
2. Two is company.
3. Three is a crowd.
4. (Silent, Looks Around, Pretends to Worry)
5. (Silent, Looks Around, Pretends to Worry)
6. What are four and five?
7. Nine.

**Calculator Run on:**

**Cub #1:** I was going to get you a pocket calculator for your birthday.

**Cub #2:** How thoughtful of you.

**Cub #1:** But I changed my mind. I thought you already knew how many pockets you had.

**Are WE Buddies Run on:**

**Cub #1:** Spell “we” using two letters –but not W or E.

**Cub #2:** U and I.

**Smile Run on:**

**Cub #1:** What can a buddy wear that is never out of style?

**Cub #2:** A smile.

**A “No Run on” Run on:**

**Cub 1:** So we're supposed to do a run-on, right.
**Cub 2:** Yup.
**Cub 1:** Ya got one in mind?
**Cub 2:** Nope.
**Cub 1:** Then I guess we'll do a run off.
**Cub 2:.** Yup.

**Give It Away Riddle:**

What should a Cub Scout keep after he gives it away?

*Answer: A promise.* **Share It Riddle:**

What is it that always increases the more Cub Scouts share it? *Answer: Loyalty*

**Buddy Sticking Around Run On:**

**Cub#1:** (Comes on stage with stick in his hand.
He puts the point of the stick down on the floor,
Then he picks it up and puts it down in another place.

**Cub #2:** What are you doing?

**Cub #1:** Oh, I’m just sticking around!

**LOYALTY TO COUNTRY:**

**Flag Wave Applause:** Announce that in honor of Uncle Sam and his search for good citizens, we will do the Old Glory Wave Applause. Then do the regular “wave” where one group at a time starting from one side and going to other, creates a wave by waving both arms.

**Soldier:** Stand at attention and salute. Yell “Well done!”

**Salute the New Citizen!** To recognize the hard work of learning in order to pass the test to become a new citizen, have everyone stand, make a salute, and say “We salute you!”

**SONGS**

**LORD BADEN POWELL**

 *(Tune: Father Abraham)*

Lord Baden-Powell has many friends

Many friends has Lord Baden-Powell

I am one of them, and so are you

As we go marching on - - (shout out)
 “With a RIGHT” ARM (beginning swinging arm)

*Repeat verse above and add in turn:*

* “With a LEFT” ARM (begin swinging arm)
* “With a RIGHT” FOOT (begin stamping foot)
* “With a LEFT” FOOT (begin stamping foot)
* “With a HEAD” ((begin nodding head)
* “TURN AROUND”
* "SIT DOWN"

*Continue adding actions as you add words!!*

**DEN & PACK ACTIVITIES**

**LOYALTY TO FRIENDS –**

**Friendship Survival Kit**

***This was in Baloo in September 2008 – but it’s a great introduction to How to be a Good and LOYAL friend! Alice***

***This would be a great item to pass out to all your new Cubs this Fall. Use it as an induction ceremony CD***

**Materials:**

Small bag (Ziploc® works well,

Labels for each item (small strips of paper or cardstock) or a sheet telling what everything in the bag is and why it is there.

**Materials to go in the bag and Labels (or information printed on a sheet)**

* Toothpick – “To pick out the good qualities in everyone”
* Band-Aid – “To heal hurt feelings”
* Gum – “A reminder that friends stick together”
* Lifesavers – “A reminder that friends sometimes need our help”
* Cotton Ball – “To cushion the bumpy roads ahead”
* Eraser – “To remind you to always start each day clean”
* Happy Face – “Smiling is contagious”
* Small Candle – “Remember to share the light with others”
* Rock – “To remind you of the stability of your friendship”
* Rubber Band – “To remind you to be flexible when dealing with friends”

With glue, attach the labels to the objects. Label the bag – “Friendship Survival Kit” or New Buddies Kit. Once items are dry, put them all in the bag.

\*Depending on the age group the labeling could be done before meeting time and then the boys would just need to assemble the survival kits and while doing that you could lead a discussion about how to be a good friend.

**LOYALTY TO FAMILY:**

**Mount a large map of the United States and have everyone mark where they are from** – supply yarn and colored pins so each family can mark where family members have lived.

**Ask Pack families to bring a story about their family to share with everyone –** a poster, artifact or family photos could be used. This could also be done during the month at Den Meetings.

**LOYALTY TO COUNTRY:**

**Feature Folk Tales from different parts of the United States** and add foods from that area, a large map showing where each folk tale is based, games based on the characters or actions in the Folk Tale. For example, when focusing on Zorro, you could have boys “sword” fight with pool noodles. As a den, choose a different tale for each week, or as a Pack, have each den focus on a different Folk Tale.

**Make a den or pack scrapbook featuring What Makes America Special** – this could include photos, poems or stories, pictures of scout or family visits to famous American scenes, information about things such as sports or foods that are unique to America or that were created in America

**IDEAS for SCOUT WEEK & BLUE & GOLD**

**America’s Heritage – A to Z**  Have Pack families share their family’s heritage – each family could bring a potluck dish, and artifacts or photos from their heritage. See if you can fill out every letter from A to Z in your pack – Australia to Zimbabwe??

**Decorate with scenic posters from across America –** Request from State Tourist bureaus online, check with a travel agent – these are often available at no charge on request! Another good source of beautiful posters is the Forestry Service.

Or **decorate with flags from every state** – you can print them from online, or get blank ones online and let the boys color them in. Go to [www.infoplease.com/states.html](http://www.infoplease.com/states.html) to get state flags and profiles of each state. Also state mottos, geography.

**Geo Map Quiz –** Collect old maps, use them on the tables as a center mat; cut out or block out the name and challenge each table to identify where their map is from – winning table gets first chance at desserts! (Check with AAA, stores that cater to recreational sports – they often have free maps available.)

**Invite a guest expert to teach the boys how to hand sign the National Anthem, or America the Beautiful** –symbols of LOYALTY - then have the music playing in the background as the boys do the signing with their hands.

**Celebrate Scout Week by doing a special service project in the community.**  Be sure to wear uniforms or activity shirts if appropriate, and add your service hours to the National BSA service website.

**Put up a display featuring Scouting in your community –** check with your local library, or ask a local retailer if you can put a display in their window. Be SURE to put up your display on time and take it down when scheduled! ***See Tips for Scout Week Displays below***

**Have a Window Display Contest in your community** – invite other packs to find windows in local businesses where they can show off Scouting. Invite local officials to judge the displays. ***See Tips for Scout Week Displays below***

**Participate in Scout Sunday or Sabbath –** boys and leaders can wear their uniforms, if appropriate in their religious venue. Some communities also host a special interdenominational Scout Sunday, or have a Scout Fireside on Sunday evening.

**Scout Week Display Pointers**

* Contact a local business or library early to reserve time and space for a display; measure and record dimensions so you can plan your display. Make note of what day and time your display is to be put up and taken down.
* Plan a colorful display, with a good background, clear signage- avoid too much detail or small items. Ask a local artist or display specialist to help plan your display – you may have one in your pack family!
* Group items together – such as a Pinewood Derby racer, a trophy and an enlarged photo of Race day on one level in one area of the display.
* Consider using a theme for your display – it could be something simple, such as “Scouting Thru the Year” with large calendar pages listing a special activity for that month. It could also focus on some aspect of Scouting, such as “Scouting & Citizenship – a Community Resource” – use American and Pack flags as background and display large photos of service projects, examples of citizenship in action, marching in parades or putting out flags on Memorial Day.
* The story of Scouting in America would be a good theme, considering the American ABC theme for February- tell the story of how Scouting came to America, focus on specific American events and scouting culture.
* Use good signs – large computer lettering is very professional looking. Mount each sign on colored paper for greater impact. Be sure to have a very large sign if you have a specific theme – it could be done as a banner made on the computer. It could also be done by having the boys make a collage of scouting materials and photos from Boy’s Life to fill in large letters that spell out the theme – but put them on a plain background so they will stand out.
* Create different levels for your display – you can use boxes, but be sure to cover them with fabric or paper. Put taller levels to the back, but use varying heights and try putting them on the diagonal. This way, you can overlap and use the space more efficiently, and separate different events or ideas for greater impact.
* Think about where your display will be – if it is in a display case, think about what direction it will be viewed from. If people will be looking down on the display, you want to create a horizontal display that can be seen clearly from above. Make sure that the display looks good from any direction that can be seen – if the back side of boxes can be seen, they should be covered, for example.
* Arrive on time, with signage and all necessary equipment and materials, such as flags and flag stands, pins, tape, boxes or other equipment to create different levels. If you need a ladder, plan to bring it with you.
* Do a test run of putting up your display – tape out the dimensions of your space on the floor, then practice putting up the display and check to see if it looks good and can be understood. Make a diagram or take a picture so you will be able to recreate your display quickly in the actual site.
* Clean up the site before your leave, and be sure to thank the merchant or librarian for the opportunity.
* Advertise your participation – make sure pack families know about the display, and encourage them to patronize the merchant. Consider adding a poster with contact information for your pack, or if appropriate, leave information about Scouting near your display. Be sure this is approved by the site manager.
* Invite the local newspaper to report on your displays, especially if you are having a contest – call them before you put up the display – they may prefer a picture of the actual work of creating the display.
* Be sure to make a photo of the completed display – show it off at the pack meeting or Blue & Gold, add it to the pack scrapbook, and give a copy to the merchant along with a thank you card!
* Don’t Forget – Take down your display on the agreed upon date and time! The merchant or librarian may have other displays waiting to be

installed.

**Trivia Challenge for LOYALTY**

**Challenge dens, boys or families to come up with facts about America so you can have a Trivia Game.**

In order to be LOYAL to someone or something, we must first KNOW about it – to get you started, here are some facts about each state. But you can also challenge boys, dens or families to research a favorite state to come up with more facts!

**Trivia from Alabama to Wyoming.**

Alabama is the only state with all major natural resources needed to make iron and steel. It is also the largest supplier of cast-iron and steel pipe products.

When a scale map of Alaska is superimposed on a map of the 48 lower states, Alaska extends from coast to coast. Alaska is over twice the size of Texas.

The original London Bridge was shipped stone-by-stone and reconstructed in Lake Havasu City, Arizona.

You can look for precious gems, including diamonds, amethyst, garnet, jasper, agate and quartz at Crater of Diamonds State Park in Arkansas.

The highest and lowest points in the continental United States are within 100 miles of one another in California. Mount Whitney measures 14,495 feet and Bad Water in Death Valley is 282 feet below sea level.

The 13th step of the state capital building in Denver, Colorado is exactly 1 mile high above sea level.

Connecticut is home to the first hamburger (1895), Polaroid camera (1934), helicopter (1939), color television (1948), and  the first lollipop-making machine (1908).

The United States city with the highest rate of lightning strikes per capita is Clearwater, Florida.

Georgia was named for King George II of England, and is the nation’s number one producer of peanuts, pecans and peaches.

Hawaii is the only state that grows coffee. There are only 12 letters in the Hawaiian alphabet.

In Idaho law forbids a citizen to give another citizen a box of candy that weighs more than 50 pounds.

The ice cream "sundae" was named in Evanston, Ilinois. Town fathers passed an ordinance prohibiting the retailing of ice cream sodas on Sunday, so ingenious confectioners and drug store operators served ice cream Sundays, with the syrup of your choice without the soda. Objection was made to christening a dish after the Sabbath. So the spelling of "sunday" was changed to sundae.

At the St. Louis World's Fair (Missouri) in 1904, Richard Blechyden, served tea with ice and invented iced tea. The ice cream cone was also invented at the 1904 Fair, when a vendor ran out of cups and rolled up waffles to hold ice cream.

The light bulb, phonograph (record player), motion picture projector were invented by Thomas Edison in his Menlo Park, New Jersey laboratory.

The Genesee River, New York State, is one of the few rivers in the world that flows south to north.

The King Ranch in Texas is bigger than the state of Rhode Island, and El Paso is closer to Needles, California than it is to Dallas.

Wyoming has the lowest population of all 50 United States, but was the first state to give women the right to vote.

Was your state left out? Want to know more trivia about a state? Go to [www.50**states**.com/**facts**/](http://www.50states.com/facts/) and click on any state **You can also google “Fun Facts” about almost anything or any state to get some great trivia facts! Alice**

**GAMES**

**Human Knot**

This is a great game to demonstrate how we are all interrelated and should be loyal friends. It gets everyone working together right from the get-go. Here's how it works--

Have everyone gather round in a circle. Have them put their arms into the center of the circle, close their eyes, and grab onto two other people’s hands. Now they can open their eyes. Without letting go of each other, they need to untangle the knot they've created. Leaders, keep an eye out that they don't get frustrated or it could backfire by having someone get upset at someone else.

Otherwise, let them go!

**Adventures in Loyalty**

Set up an Adventure Course – each boy must move around and do each task before he moves on. Examples of some challenges: two boys work together to fold a flag properly; boys match historical flags with their correct name; show how to salute the flag in uniform and in street clothes; give one National Holiday when the flag should be flown; Tell one way to show respect for the flag; demonstrate on a paper flag how a worn flag is retired. (You could also focus on American history as your theme) At the end of the course, the boys could be rewarded with Patriotic Rice Crispy Treats!

***Note: You could also include some other types of Loyalty experiences – a task that two boys have to do together, such as two-person exercises or bagging up two cookies, and then sharing one of them with someone else.***

**Build a Flag Relay**

Cut out 13 red strips and 13 white strips, and a blue rectangle – you will need two sets if you do this as a relay between two teams. Each team lines up behind a line. On signal, the first boy in each line runs to the finish line, takes out one of the paper items and places it where he thinks it belongs on the American Flag. Then he runs back and tags the next boy in line. Game continues until one team has put their flag together. Then the other team and the den leader get to check the flag to see if it has been put together properly. (One common mistake is starting with a white stripe on the top)

The winning team is the one that puts their flag together with no mistakes in the fastest time.

**Follow General Washington**

Everyone stands in a circle facing center. The first person performs an action, something simple like clapping their hands two times. Then the person to their left repeats the action and adds something to it, like jumping up once. The play continues to the left with each new person performing in order what has been done before, then adding another action. Play continues until a player is unable to recall in order what the previous actions have been. No one is out – play just begins again with the next person in line. You could even have two groups if you have a large number of boys. Very important: Make sure everyone knows that they can’t prompt someone what action comes next, unless the leader gives permission.

**CUB GRUB**

**Easy American Peanut Brittle** – Here’s an American favorite, made extra easy by using the microwave!  **Ingredients:** 1 1/2 cups unsalted peanuts 1 cup sugar 1/2 cup corn syrup 1 tsp. vanilla 1 tsp. butter 1 tsp. baking soda  **Directions:**
Combine peanuts, sugar and corn syrup in microwaveable bowl. Microwave on high for four (4) minutes. Remove and stir. Microwave for three (3) more minutes.
Remove from microwave and add vanilla and butter, then stir. Microwave for 2 more minutes.
Remove, add baking soda. Stir. Spread onto oiled cookie sheet or pizza pan. Cool until set. Break into pieces and enjoy!

**Cookies & Cooperation**

***A LOYAL Scout will always be willing to cooperate and work together with others – here’s a fun way to demonstrate that cooperation!***

1. **Choose a favorite Cookie Recipe**
2. **Assign each person to bring one of the ingredients**
3. **Working together, combine your ingredients according to the recipe. Make sure every boy gets a chance to measure, stir, roll out, etc.**
4. **Bake & Enjoy!**

**HINT: Depending on the age of your scouts, you might want to have duplicate ingredients available in case someone forgets. To avoid hurt feelings, point out that you now have another chance to Cooperate with everyone by providing the missing ingredient.**

**This can also be a two meeting project – make the cookie dough at one meeting, then you can cut out and bake it at the next meeting, or a parent or leader can use the dough to have cookies ready for the next meeting, and let the boys frost and decorate them.**

**By the way, make enough so each boy can take home a plate of cookies for his family – cooperation in the family makes things run smoothly!**

***By the way, you can use this idea to make Stone Soup (and tell the story) or almost any recipe!***